



involved in  $\alpha$ Syn

Interestingly, it has also been shown that  $\alpha$ Syn, due to its amphipathic character, can stabilize lipid bilayers analogous to the membrane scaffold protein (MSP) (Mizuno et al., 2012; Varkey et al., 2013) and that stable  $\alpha$ Syn-lipid particles ( $\alpha$ Syn-LiPs) can be assembled in vitro using a similar approach as for nanodisc preparations (Eichmann et al., 2016, 2017). While the occurrence and possible physiological role of  $\alpha$ Syn-LiPs is unclear, they may display useful features that could be exploited for in vitro studies.

Here we investigate the behavior of these  $\alpha$ Syn-LiPs in  $\alpha$ Syn aggregation assays. In line with results obtained on nanodiscs, we show that depending on the ratio of 'free'  $\alpha$ Syn to  $\alpha$ Syn-LiPs, the presence of the lipid particles can either inhibit or accelerate  $\alpha$ Syn aggregation. In comparison to SUVs,  $\alpha$ Syn-LiPs appear to be more stable, simplifying their handling. Additionally, the presence of  $\alpha$ Syn-LiPs, in contrast to SUVs (Brown et al., 2018), does not noticeably alter fibril morphology and does not lead to kinetically trapped fibrils. In comparison to MSP1D1-derived nanodiscs, usage of  $\alpha$ Syn-LiPs reduces the aggregation setup to a two-component system, simplifying sample preparation and eliminating potential effects of the membrane scaffold protein. Our results suggest that  $\alpha$ Syn-LiPs may therefore be a useful complementary tool to study different aspects of lipid-induced  $\alpha$ Syn aggregation.

## 2. Materials and methods

### 2.1. $\alpha$ Syn and N-terminally acetylated $\alpha$ Syn expression and purification

$\alpha$ Syn in the pT7-7 vector was expressed in *E. coli* BL21 DE3. For acetylated  $\alpha$ Syn, the N-terminal acetylation enzyme NatB from *Schizosaccharomyces pombe* was coexpressed in a second vector, pNatB (Johnson et al., 2010). Expression was conducted in 50 mM phosphate-buffered 2YT-medium (pH 7.2) with 0.4% glycerol and 2 mM  $MgCl_2$ , protein production was induced at OD 1–1.2 with 1 mM IPTG and ran for 4 h at 37 °C.

Purification of acetylated and non-acetylated  $\alpha$ Syn was carried out as previously described<sup>8</sup>, some changes to the protocol have been made. A cell pellet of 1 l culture was dissolved in 20 ml of 50 mM Tris-HCl pH 8, 150 mM NaCl, 5 mM EDTA containing a protease inhibitor tablet (cOmplete Mini, Roche) and cells were lysed by sonication with a MS72 tip connected to a Bandelin Sonopuls sonicator (30% Amplitude, 1.5 s ON, 3.5 s OFF, 5 min) on ice. Cell debris was pelleted at 15,000-g for 20 min at 4 °C. The supernatant was boiled at 95 °C for 15 min to precipitate unwanted proteins which were pelleted at 15,000-g for 20 min and 4 °C. After that, the supernatant was sterile-filtered and  $\alpha$ Syn was precipitated by gradually adding 4 M ammonium sulfate solution until a concentration of 1.75 M was reached.  $\alpha$ Syn was pelleted at 15,000-g for 20 min at 4 °C, the pellet was then dissolved in 10 ml of 50 mM Tris-HCl pH 8 and dialysed against 1.8 l of 50 mM Tris-HCl pH 8 overnight at 4 °C. Subsequently,  $\alpha$ Syn was loaded onto a 5 ml HiTrap Q HP anion exchange column (GE Healthcare). Impurities were eluted by washing the column with 8 M Urea, 5 mM Dithiothreitol in 50 mM Tris-HCl pH 8, 100 mM NaCl for 30 min.  $\alpha$ Syn eluted at around 250–300 mM NaCl in a 20-column volume gradient from 100 to 500 mM NaCl in 50 mM Tris-HCl pH 8.  $\alpha$ Syn was then again precipitated with ammonium sulfate as described above, dissolved in an appropriate volume of 25 mM potassium phosphate buffer pH 7.4 and dialysed extensively against 1.8 l of the same buffer overnight at 4 °C.  $\alpha$ Syn concentration was determined by measuring UV absorption at 275 nm and using an extinction coefficient of  $5600 \text{ M}^{-1} \text{ cm}^{-1}$ .

nanodiscs SM-2 (Biorad) were added and the mixture was incubated at room temperature overnight. The Biobeads were removed by centrifugation and once again 20% w/v were added for an additional 4 h. Finally,  $\alpha$ Syn-LiPs were purified by SEC on a HiLoad 16/600 Superdex 200 pg column or analyzed using a 10/300 Superdex 200 column (GE Healthcare) equilibrated with 20 mM sodium phosphate pH 7.4. NaCl concentrations of 50 mM (low salt), 150 mM (medium salt) or 300 mM (high salt) were used at a flow rate of  $1 \text{ ml min}^{-1}$  on an ÄKTA Pure FPLC (GE Healthcare).  $\alpha$ Syn-LiPs were concentrated to the desired molarity using a Vivaspin concentrator with a 10 kDa MWCO. Where provided  $\alpha$ Syn-LiP concentrations are calculated based on the  $\alpha$ Syn absorbance measurements and the assumption of 8  $\alpha$ Syn molecules per  $\alpha$ Syn-LiP.

### 2.3. MSP1D1-nanodiscs preparation

Expression and purification of MSP1D1 as well as nanodisc assembly was carried out as reported before (Viennet et al., 2018). 100% POPG lipids and MSP1D1 after proteolytic cleavage of the Histidine tag were used for all MSP1D1 nanodiscs used in this study.

### 2.4. Thioflavin T (ThT) fluorescence aggregation assays

#### 2.4.1. Influence of $\alpha$ Syn-LiPs on lipid-independent $\alpha$ Syn fibril formation (GB-assay)

In order to study the influence of  $\alpha$ Syn-LiPs on  $\alpha$ Syn fibril formation, experimental conditions were chosen such that  $\alpha$ Syn fibril formation occurs spontaneously by interface-driven nucleation and amplifies through fibril fragmentation. 25  $\mu\text{M}$  of acetylated  $\alpha$ Syn were mixed with  $\alpha$ Syn-LiPs at molar ratios of 8:1 (3.125  $\mu\text{M}$   $\alpha$ Syn-LiPs), 16:1, 64:1, and 128:1 in 20 mM potassium phosphate buffer pH 7.4 with 50 mM KCl, 0.05%  $\text{NaN}_3$  and 10  $\mu\text{M}$  Thioflavin T (ThT). Duplicates of 80  $\mu\text{l}$  each were pipetted into half area 96-well plates with non-binding surface (Corning No. 3881, black, clear bottom) containing a glass bead (2.85–3.45 mm diameter, Carl Roth) for mixing and incubated at 37 °C for 5 days. Thioflavin T fluorescence was excited at 445 nm and measured at 485 nm every 20 min with 15 s of orbital shaking at 180 rpm prior to the measurement in a plate reader (Tecan Spark 10 M). Note that in order to provide a most accurate comparison between MSP1D1 ND and  $\alpha$ Syn-LiPs, both were prepared in parallel under identical conditions, including assembly and SEC purification at NaCl concentrations of 150 mM (medium salt).

#### 2.4.2. Nucleation-sensitive assays

We have previously reported that the presence of nanodiscs can accelerate nucleation of  $\alpha$ Syn amyloid fibrils under conditions that minimize the intrinsic nucleation rate (Viennet et al., 2018). A similar setup, i.e. quiescent conditions and protein-repellent plate surfaces, was used to determine possible effects of  $\alpha$ Syn-LiPs on the nucleation rate of  $\alpha$ Syn. 25  $\mu\text{M}$  (final concentration) of acetylated  $\alpha$ Syn was mixed with  $\alpha$ Syn-LiPs at molar ratios of 4:1, 8:1, 16:1, 32:1, 64:1, 128:1, 256:1, 512:1, and 1024:1. Assays were performed in 20 mM sodium phosphate buffer pH 7.4 with 50 mM NaCl, 0.05%  $\text{NaN}_3$  and 10  $\mu\text{M}$  Thioflavin T (ThT). Multiples of 30  $\mu\text{l}$  were pipetted into 384-well plates with non-binding surfaces (Greiner 71900, black, non-binding). The samples were incubated at 37 °C in a plate reader (Tecan Spark 10 M or Tecan infinite M1000PRO) for up to 17 days during which aggregation was monitored by exciting ThT fluorescence at 445 nm and measuring emission at 485 nm every 20 min.

standard deviation were in the range of 1  $\mu\text{M}$ .

## 2.6. Dynamic light scattering (DLS)

DLS was performed on a submicron particle sizer, Nicomp 380 (Particle Sizing Systems Nicomp, Santa Barbara, CA). Data were analyzed with the Nicomp algorithm using the volume-weighted Nicomp distribution analysis. Additional data analysis is shown in supplementary Fig. 2. POPG  $\alpha\text{Syn}$ -LiPs prepared under low salt conditions, directly after SEC elution were measured. Note that analysis shown in Fig. 1e identifies also a species of particle sizes > 500 nm with a (volume) contribution of 0.03% that is not visible in the graph.

## 2.7. Fourier transform infrared spectroscopy (FTIR)

Infrared spectroscopy using the Direct Detect<sup>®</sup> system (EMD Millipore) was used to quantitatively determine the concentration of protein and lipids in the LiPs. The instrument uses a calibration via a BSA standard (Sigma) to quantify the protein abundance at multiple wavenumbers, including  $1650\text{ cm}^{-1}$ . POPG lipid signal was calibrated manually using several dilutions of POPG in Na-cholate buffer. Signal from the C-H symmetric stretching vibrational populations between  $2870$  and  $2840\text{ cm}^{-1}$  was used to quantify lipid signals (see supplementary Fig. S1 for data and more information).

## 2.8. Electron microscopy (EM)

Samples at different time points were used for EM studies. Freshly prepared  $\alpha\text{Syn}$ -LiPs (concentrated to  $150\text{ }\mu\text{M}$   $\alpha\text{Syn}$ ) were flash frozen in liquid nitrogen after SEC elution (used for Fig. 3). In addition, samples after the ThT quiescent aggregation assays (Fig. 4) were collected from the respective assay wells (used for Fig. 5). All samples were kept at the used phosphate buffer, reducing possible preparation artifacts but leading to larger background staining artifacts. Negative stained samples were prepared on plasma-cleaned formvar-carbon-coated copper grids with a 2% uranyl acetate stain solution. Electron microscopy images were taken on a CM20 microscope operated at 200 kV.

## 2.9. Circular dichroism (CD)

The secondary structure of  $\alpha\text{Syn}$ -LiP assemblies was determined using a J-815 spectropolarimeter (JASCO, Tokyo, Japan). Samples of  $\alpha\text{Syn}$ -LiP assemblies were prepared in (4 mM NaPi pH 7.4; 10 mM NaCl) with the working concentration of LiPs at  $4\text{ }\mu\text{M}$ . For CD measurements, samples at  $200\text{ }\mu\text{l}$  were loaded into a 1 mm path length quartz cuvette and spectra were recorded from 195 to 260 nm, using a scanning speed of  $50\text{ nm/min}$  and a bandwidth of 2 nm, at  $20\text{ }^{\circ}\text{C}$ . The final spectrum of each sample was averaged based on 10 accumulations. The signal of the buffer was subtracted manually.

## 2.10. Native polyacrylamide gel electrophoresis (PAGE)

For gel casting 16%, 8%, and 4% acrylamide/bisacrylamide solutions (37.5:1, Carl Roth) were prepared in 250 mM Tris-HCl pH 7.4. Tetramethylethylenediamine (TEMED) and ammonium persulfate were added to a final concentration of 0.05% each. Afterwards, gels were immediately cast by layering the solutions over each other between two glass plates for polymerization with 16% acrylamide/bisacrylamide at

at room temperature (prepared from 0.02% Coomassie Brilliant Blue G-250 (w/v), 5% aluminium sulfate octadecahydrate (w/v), 3% phosphoric acid (v/v), and 10% ethanol (v/v)). Images were acquired using the ChemiDoc MP<sup>™</sup> Imaging System (Bio-Rad).

## 2.11. Atomic force microscopy (AFM)

Samples were taken at the end of aggregation experiments, before or after centrifugation at  $16,000\text{-g}$  for 30 min. The pelleted fibrils were resuspended in the same volume of PBS (10 mM Phosphate Buffer pH 7.4, 137 mM NaCl, 3 mM KCl, 0.02%  $\text{NaN}_3$ ). Samples were diluted in PBS to a final concentration of  $10\text{ }\mu\text{M}$  and applied onto freshly cleaved mica for 5 min. Excess salt was removed by gently rinsing sample with water and dried with a slow flow of  $\text{N}_2$ . AFM images were taken in air, using a Nanowizard III atomic force microscope (JPK). Imaging was performed using tapping mode with a silicon cantilever with silicon tip (OMCL-AC160TS, Olympus) with a tip radius of  $7 \pm 2\text{ nm}$  and a force constant of  $26\text{ N/m}$ .

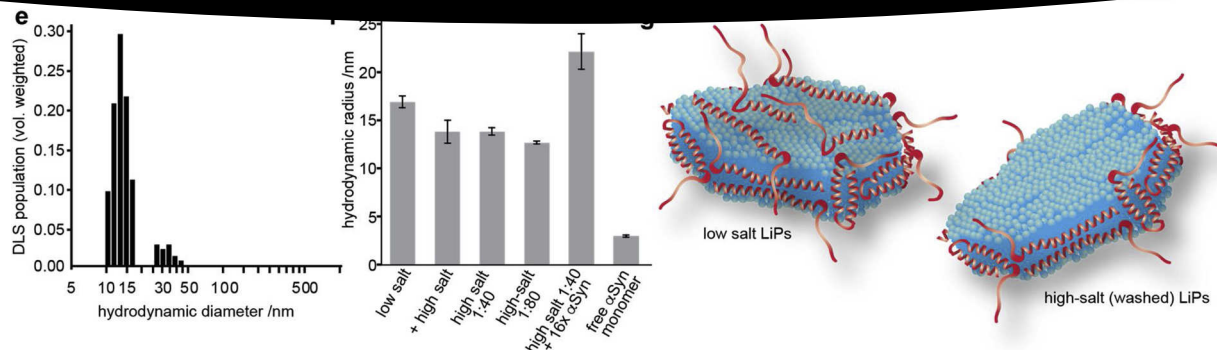
# 3. Results and discussion

## 3.1. Preparation and initial characterization of $\alpha\text{Syn}$ -LiPs

Following previously described methods (Eichmann et al., 2016), we assembled stable nanoscale lipid particles using anionic 1-palmitoyl-2-oleoyl-sn-glycero-3-phospho-(1'-rac-glycerol) lipids (POPG) and  $\alpha\text{Syn}$  as scaffold protein.  $\alpha\text{Syn}$  has been shown to be N-terminally acetylated in cellular environments and its acetylation is thought to act as an important mode of regulation of protein-membrane association (Nemani et al., 2010; Dikiy and Eliezer, 2014). Therefore, in addition to non-acetylated  $\alpha\text{Syn}$ , which was used in the initial studies of in vitro lipid particle formation (Eichmann et al., 2016, 2017), we also tested lipid particle formation using acetylated  $\alpha\text{Syn}$ . The resulting  $\alpha\text{Syn}$  lipoparticles ( $\alpha\text{Syn}$ -LiPs) were characterized using size-exclusion chromatography (Fig. 1). The  $\alpha\text{Syn}$ -LiP preparations with the two different  $\alpha\text{Syn}$  variants show very similar SEC profiles (Fig. 1a) confirming that acetylated  $\alpha\text{Syn}$  can also form  $\alpha\text{Syn}$ -LiPs. Since this variant is physiological more relevant, in particular in the context of lipid interactions, only acetylated  $\alpha\text{Syn}$  was used for the following experiments. In general, both SEC profiles are in line with previous results in which  $\alpha\text{Syn}$ -LiPs elute close to the void volume of the used Superdex 200 columns (Eichmann et al., 2016, 2017).

In order to investigate the influence of storage capabilities conditions on  $\alpha\text{Syn}$ -LiPs, we performed SEC experiments after storage at  $4\text{ }^{\circ}\text{C}$  for one day, one week, as well as after flash freezing with liquid nitrogen and storage at  $-20\text{ }^{\circ}\text{C}$ . The similarity of the resulting SEC profiles (Fig. 1b) suggests that  $\alpha\text{Syn}$ -LiPs can be stored for several days at  $4\text{ }^{\circ}\text{C}$  or can be frozen for storage, largely facilitating their handling and usage for various assays.

Notably,  $\alpha\text{Syn}$  is known to interact with negatively charged membrane surfaces (Fusco et al., 2014; Rhoades et al., 2006; Jo et al., 2000; Bodner et al., 2009; Theillet et al., 2016). This interaction is not driven by the net negative global charge, but rather by the partial positive charge in the N-terminal part of the protein. Therefore, when assembling  $\alpha\text{Syn}$ -LiPs using anionic lipids it is unlikely that  $\alpha\text{Syn}$  will only stabilize the hydrophobic edges of the lipid bilayer in the same manner as the membrane scaffold protein in the nanodisc system, but may also bind to the membrane surface (and/or partially insert at various positions in the bilayer). In order to decrease the electrostatic contributions



**Fig. 1. Preparation and characterization of αSyn-LiPs.** a–d) SEC analysis of different αSyn-LiP preparations. a) αSyn-LiPs formed with acetylated (black) and non-acetylated (orange) αSyn (preparative scale). b) Analytical SEC of acetylated αSyn-LiPs after storage for one day at 4 °C (purple) or one week at 4 °C (dark blue) or after flash freezing with liquid nitrogen and storage at –20 °C (light blue). c) αSyn-LiP preparation in low-salt conditions (grey). Same sample but after incubating and running in high-salt buffer (red) as well as αSyn-LiPs directly assembled in high-salt buffer (blue). d) αSyn-LiPs assembled in high-salt conditions with 2-fold more lipids per αSyn (i.e. molar ratio 1:80 - αSyn:POPG). e) Histogram of αSyn-LiP particle sizes as determined via dynamic light scattering (DLS). f) Measured hydrodynamic radii of indicated samples using a microfluidic setup (see text for more details). g) Possible model of αSyn-LiPs assembled with anionic lipids and either low-salt (left) or high-salt (right) conditions. Note that αSyn orientation at membrane edges is unknown.

of a potential αSyn membrane surface interaction, we increased the ionic strength of the buffer by changing the NaCl concentration from 50 mM (low salt) to 300 mM (high salt). SEC analysis of αSyn-LiPs, initially prepared using low-salt buffer and then incubated in high-salt buffer, shows that high-salt concentration results in dissociation of αSyn monomers from αSyn-LiPs (Fig. 1c, red). When reinjecting high-salt washed αSyn-LiPs, no further αSyn monomers are detached, suggesting that the remaining particles are stabilized predominantly by hydrophobic interactions (data not shown). When αSyn-LiPs are directly prepared in high-salt conditions using the previously reported αSyn-to-lipid molar ratio of 1:40 during αSyn-LiPs assembly, a high fraction of monomeric αSyn is again visible in the SEC profile (Fig. 1c, orange). Interestingly washing with 300 mM NaCl or full preparation in 300 mM NaCl leads to a comparable amount of αSyn monomers present in the sample. This suggests that, when using anionic lipids, the used protein-to-lipid ratio may not be optimal to effectively form disc-shaped particles in which the amphipathic properties of αSyn-helices are exploited to stabilize the hydrophobic membrane edges. While at a molar ratio of 1:40 (αSyn:lipid) nearly all αSyn is incorporated into αSyn-LiPs at low-salt conditions (Fig. 1c, black), only about half of the total αSyn is incorporated when electrostatic interactions are weakened at the same protein:lipid ratio (Fig. 1c, orange, red). We therefore also tested high salt αSyn-LiP formation at ratios with 2-fold increased excess of lipids, i.e. a protein:lipid molar ratio of 1:80. The resulting SEC profile (Fig. 1d, green) shows a considerably decreased fraction of monomeric αSyn as compared to high salt prepared αSyn-LiPs at protein:lipid molar ratios of 1:40 (Fig. 1c, orange). This data is in line with the picture that under conditions which lower membrane surface attachment (e.g. high salt or possibly also usage of neutral lipids), αSyn-LiPs are formed with roughly 2-fold less αSyn molecules per LiP.

To experimentally determine the protein-to-lipid ratio, we carried out quantitative Fourier Transform Infrared (FTIR) spectroscopy (see methods and supplementary Fig. S1 for more details). The data show a protein-to-lipid ratio of 1:35 for αSyn-LiPs prepared at low-salt conditions. This value is very well in line with the previously estimated ratio of 1:40 (Eichmann et al., 2016). When using αSyn-LiPs prepared under high-salt conditions, the ratio changes considerably to 1:105 consistent

with the picture that the low-salt αSyn-LiPs carry a substantial amount of αSyn attached to the lipid surface via electrostatic interactions. According to the FTIR data about 2/3 of the protein may be in such a conformation in the low-salt αSyn-LiPs.

We further characterized the hydrodynamic radius of the resulting particles using Dynamic Light Scattering (DLS). While the resulting overall size distribution is in line with the expected αSyn-LiPs properties, i.e. rather heterogeneous particles with diameters from 10 to 44 nm (Fig. 1e), the sample heterogeneity renders accurate particle sizing via DLS, in particular when applying polydisperse data analysis, rather unreliable (see Fig. S2 for more details). This complicates detection of presumably small variations of particle sizes due to changing conditions as e.g. induced by attachment of monomers to preformed αSyn-LiPs. However, the DLS data are consistent with the particle sizes also seen in negative stained electron microscopy (EM) of the same samples (vide infra).

To more reliably detect smaller changes on the particle sizes, we used microfluidic diffusional sizing as an emerging alternative to DLS (Arosio et al., 2016), which is particularly well suited for particles in the size range of αSyn-LiPs. The principle of this type of measurement is that the diffusion of proteins and protein complexes in a laminar flow regime within a microfluidic channel is quantified. At the entrance of the channel, one half is filled with water and the other half with protein solution. Laminar flow ensures that no turbulent mixing occurs and the two fluid streams stably flow in parallel. The amount of protein that diffuses across the channel perpendicular to the flow direction is quantified by measuring the concentrations at the two symmetric channel outlets. Large particles, such as αSyn-LiPs, require a comparatively slow flow rate, in order to provide enough time for a significant amount of diffusion to occur. Protein quantification is based on a latent fluorophore (Yates et al., 2015) which reacts with the protein molecules after they have left the main channel, and which renders the proteins fluorescent.

Regularly-prepared (low salt + flash frozen) αSyn-LiPs display a hydrodynamic radius of  $16.9 \pm 0.6$  nm (Fig. 1f). When measuring high-salt-washed αSyn-LiPs after SEC separation of monomeric αSyn, a hydrodynamic radius of  $13.8 \pm 0.4$  nm is obtained, which most likely reflects the actual size of αSyn-LiPs without membrane surface-attached αSyn. Consistently, a comparable hydrodynamic radius of  $12.7 \pm 0.2$  nm is

excess of  $\alpha$ Syn. This significantly increased the hydrodynamic radius of the particles to  $22.1 \pm 1.8$  nm. Note that the microfluidic measurement yields the average hydrodynamic radius of all particles in the sample. The presence of larger amounts of free monomeric  $\alpha$ Syn molecules would therefore lead to an apparent decrease in measured hydrodynamic radius of the sample. The measured value of 22.1 nm consequently suggests that a large fraction of the added  $\alpha$ Syn monomers attaches to the  $\alpha$ Syn-LiPs. Since the size of the “16-fold loaded”  $\alpha$ Syn-LiPs is considerably larger than the size of the  $\alpha$ Syn-LiPs formed at low ionic strength, the microfluidic diffusional sizing data also suggest that low salt  $\alpha$ Syn-LiPs still have unoccupied binding sites for  $\alpha$ Syn on the membrane surface.

In general,  $\alpha$ Syn-LiPs which have not been in contact with a high ionic-strength solution are well-suited for further usage in different assays (vide infra), however one should keep in mind that these (low salt)  $\alpha$ Syn-LiPs are formed with a higher number of  $\alpha$ Syn per particle compared to those formed in, or washed with, higher ionic-strength buffer. While it is not fully clear where these additional  $\alpha$ Syn molecules are located, binding to the lipid bilayer surface, i.e. interaction with the negatively-charged lipid head groups, would be one simple explanation consistent with the data obtained in this study. It should be highlighted that this also suggests that the estimation of the  $\alpha$ Syn-LiP concentration based on measurements of the  $\alpha$ Syn absorbance will be altered due to the different amounts of  $\alpha$ Syn per particle at different ionic strengths. It is important to take this aspect into consideration, in particular for quantitative measurements of aggregation kinetics.

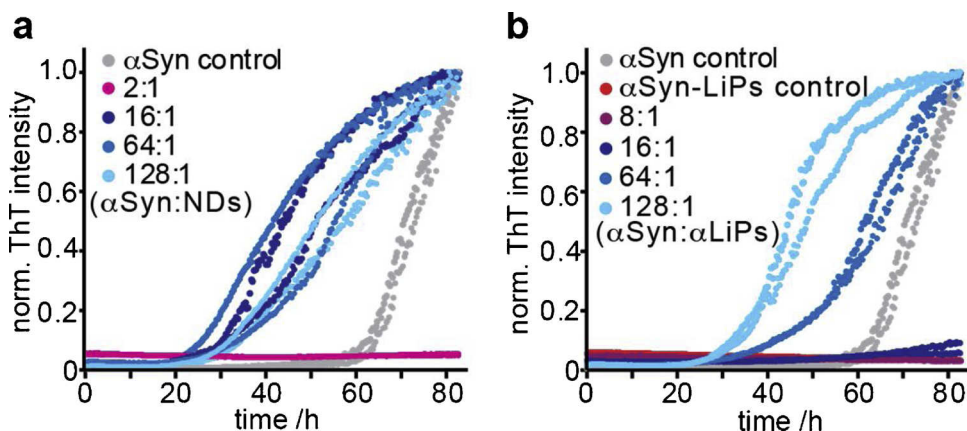
### 3.2. $\alpha$ Syn-LiPs in aggregation assays

Using a similar setup as reported for MSP1D1-derived nanodiscs (NDs) (Viennet et al., 2018), we explored the influence of  $\alpha$ Syn-LiPs on  $\alpha$ Syn amyloid-fibril formation. Initially we used a conventional GB-assay that reports on the effect of  $\alpha$ Syn-LiPs on the lipid-independent  $\alpha$ Syn aggregation pathway. To directly compare the results of  $\alpha$ Syn-LiPs to the previously characterized effects of NDs (Viennet et al., 2018) we prepared NDs and  $\alpha$ Syn-LiPs in parallel and performed a GB-assay simultaneously for both systems on the same 96-well plate (Fig. 2). Depending on the ratio of added  $\alpha$ Syn monomers to either  $\alpha$ Syn-LiPs or to NDs, both lipid systems can either inhibit aggregation or accelerate

aggregation (Viennet et al., 2015; Viennet et al., 2018). To investigate whether anionic lipids in  $\alpha$ Syn-LiPs also show nucleation-inducing properties, we investigated  $\alpha$ Syn-LiPs with 100% POPG lipids via negative stain electron microscopy (EM). Surprisingly, the  $\alpha$ Syn-LiPs already show directly after their SEC elution, in addition to the expected disc-like particles (Fig. 3a), the occurrence of thin fibrillar structures (Fig. 3b). While the amount of fibrils is difficult to quantify via EM, the polydisperse DLS data analysis (Fig. 1e) reports a fraction of (only) 0.03% very large particles ( $> 500$  nm, 0.03% volume weighted, 16% intensity weighted, also see supplementary information Fig. S2). Since the SEC elution peak itself appears directly after the void volume of the used column, the respective samples were flash frozen in liquid nitrogen directly after SEC elution, and EM data was directly recorded after a short thawing step, it is likely that the fibrillar structures already formed during  $\alpha$ Syn-LiP assembly, which is a rather slow process, e.g. due to the prolonged incubation with Biobeads for detergent removal. To investigate whether the fibrillar structures are induced by the anionic lipids or are just an artifact of the  $\alpha$ Syn-LiP assembly process itself, we also prepared  $\alpha$ Syn-LiPs containing 100% 1-palmitoyl-2-oleoyl-glycero-3-phosphocholine (POPC) lipids. The POPC  $\alpha$ Syn-LiPs were prepared in parallel to POPG  $\alpha$ Syn-LiPs. EM data recorded after SEC elution (supplementary information Fig. 3) do not show any fibrillar structures for POPC  $\alpha$ Syn-LiPs in two different samples and over 20 different scan regions (Fig. 3c provides one example).

We also characterized the respective POPG and POPC  $\alpha$ Syn-LiPs via circular dichroism (CD) spectroscopy (Fig. 3d). The resulting CD spectra of the two samples are very similar and in line with the expected secondary structure, i.e. an amphipathic  $\alpha$ -helix for first approx. 100 residues and random coil conformations for the remaining C-terminal residues, as seen in NMR spectra of comparable  $\alpha$ Syn-LiPs (Eichmann et al., 2016). Note that the remaining small deviation between the two CD spectra would also be in line with a very small population of  $\beta$ -sheet rich fibrils in the POPG  $\alpha$ Syn-LiPs sample.

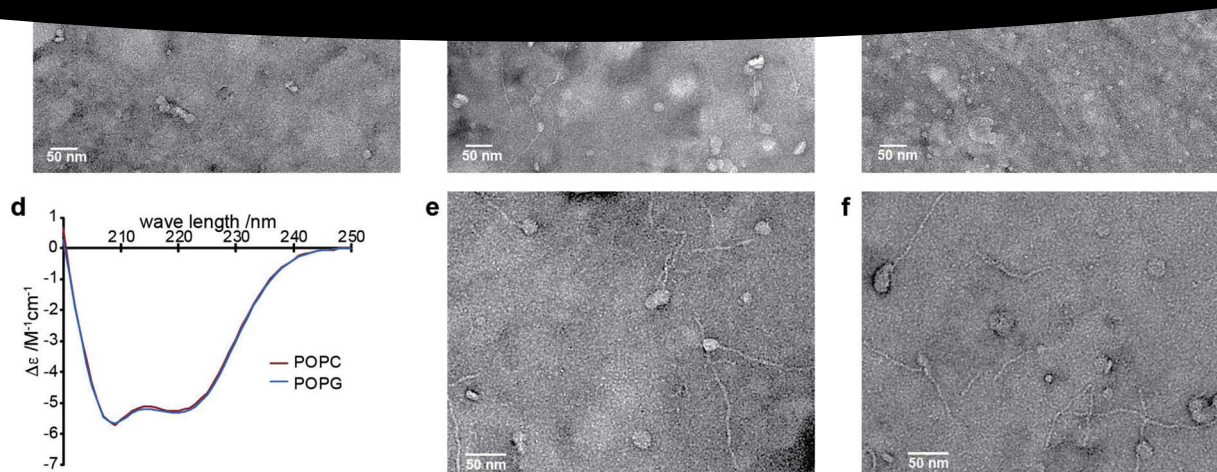
Overall, our data suggest that POPG  $\alpha$ Syn-LiPs after SEC elution already contain a small fraction of fibrillar structures, which were induced by the presence of anionic lipids. Having a closer look at the fibrillar structures in the EM images shows that to some extent the fibrils colocalize with  $\alpha$ Syn-LiPs (Fig. 3e,f). In general, it cannot be fully excluded at this point that  $\alpha$ Syn-LiPs and fibrils cluster during the



**Fig. 2.  $\alpha$ Syn-LiPs in direct comparison to classical MSP-derived nanodiscs as a tool in aggregation assays.** Comparison between MSP1D1 NDs (a) and  $\alpha$ Syn-LiPs (b) in a GB-aggregation assay.  $\alpha$ Syn aggregation kinetics, as measured by increase in ThT fluorescence, in the absence of NDs/LiPs (grey) and in the presence of indicated ratios of monomeric  $\alpha$ Syn per NDs (a) or per  $\alpha$ Syn-LiP (b) are shown. Note that monomeric  $\alpha$ Syn concentration is kept constant and  $\alpha$ Syn-LiP particle concentration was estimated assuming an average of 8  $\alpha$ Syn proteins per LiP as reported before (Eichmann et al., 2016). Duplicate measurements are shown with same color. Both the ND and the  $\alpha$ Syn-LiP system are able to inhibit as well as to accelerate  $\alpha$ Syn aggregation as compared to  $\alpha$ Syn in the absence

of lipid particles (grey). However, the ratios of added  $\alpha$ Syn monomers per lipid particle that lead to inhibiting or accelerating behavior differ between  $\alpha$ Syn-LiPs and NDs.





**Fig. 3.  $\alpha$ Syn-LiPs properties after SEC elution.** a) EM image of POPG  $\alpha$ Syn-LiPs. b) Different region of the same sample as in (a) showing occurrence of thin fibrillar structures. c) EM image of POPC  $\alpha$ Syn-LiPs, no fibrillar structure was detected in this or any other region of the sample as well as in repetition experiments. d) CD spectra of the POPC (red) and POPG (blue)  $\alpha$ Syn-LiPs (same condition as used for the respective EM images). e, f) Zoom into selected regions in POPG  $\alpha$ Syn-LiPs showing possible connections between  $\alpha$ Syn-LiPs and fibrils.

drying process on the EM grid. However, such a clustering should in principle result in  $\alpha$ Syn-LiPs appearing at random positions on the fibrils. While such connections are also observed, a rather large fraction of fibrils appear to ‘grow out’ of the LiPs. Such defined start/end points may indeed suggest that the EM images captured early stages of lipid induced  $\alpha$ Syn aggregation.

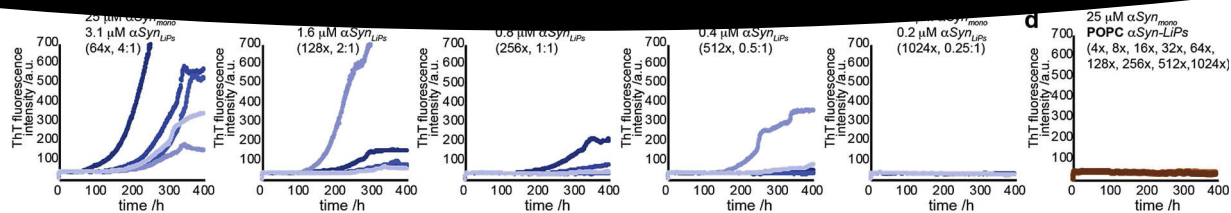
Interestingly, it has been shown that  $\alpha$ Syn can also reshape lipid vesicles into lipid nanotubes consisting of either a monolayer of lipids (micellar tubes) or of a lipid bilayer in a cylindrical arrangement (Mizuno et al., 2012). The observed fibrillar structures also share some similarities with these micellar lipid tubes. While it is difficult to distinguish small protein fibrils from lipid tubes in the negative stained EM images, amyloid-fibril-specific ThT fluorescence increase can be used to distinguish between the two species, once sufficient fibrils are formed. In order to test whether nucleation-inducing properties of POPG  $\alpha$ Syn-LiPs can be monitored via ThT aggregation assays, we performed additional ThT assays under conditions that do not promote the formation of detectable quantities of amyloid fibrils in the absence of LiPs. Such a setup is provided by using quiescent assay conditions (no glass beads, no shaking) (Galvagnion et al., 2015). The absence of a glass bead facilitates usage of smaller sample volumes. We therefore carried out the assay using a volume of 30  $\mu$ l per well in a 384-well plate format. In general, we observed that this assay has limitations in reproducibility and shows variations in the ThT profiles of wells with the same conditions in particular in respect to total ThT fluorescence intensity. In general, reproducibility in  $\alpha$ Syn aggregation assays is a well-known challenge (Wordehoff and Hoyer, 2018). It is therefore not unexpected that the rather slow kinetics observed in the  $\alpha$ Syn-LiP nucleation assay also propagates detectable differences in wells replicating the same conditions. However, the assay format also facilitates usage of a higher number of replications for each condition. We therefore carried out 5 replications for each condition and the resulting ThT profiles show a clear trend, despite their intrinsic variation. Our data show that (i)  $\alpha$ Syn does not aggregate in the absence of  $\alpha$ Syn-LiPs (Fig. 4a), (ii)  $\alpha$ Syn-LiPs on their own do not form ThT-detectable amyloid fibrils (Fig. 4b), (iii)  $\alpha$ Syn-LiPs can induce amyloid fibril formation at specific

ratios of  $\alpha$ Syn to  $\alpha$ Syn-LiPs (Fig. 4c), and (iv)  $\alpha$ Syn-LiPs formed with neutral POPC lipids do not induce aggregation at any of the tested  $\alpha$ Syn to  $\alpha$ Syn-LiPs ratios (Fig. 4d).

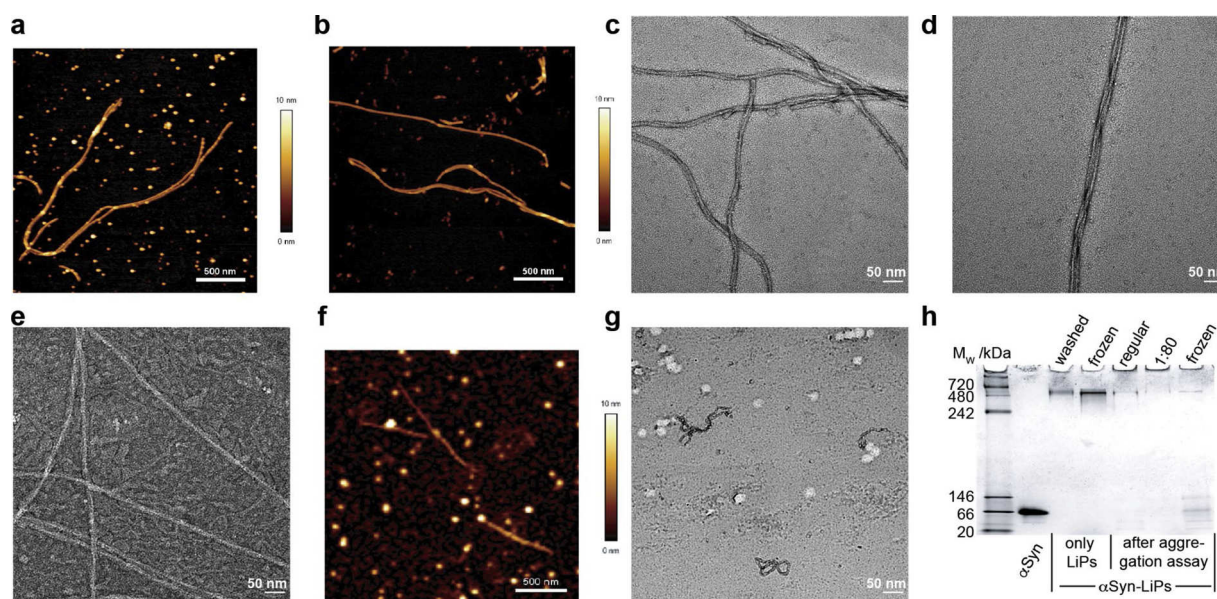
Note that  $\alpha$ Syn-LiPs showing fibrillar structures were used as starting material for the aggregation assays (Fig. 4b,c). In case the fibrillar structures represent protein fibrils and not lipid tubes, it would be likely that the fibrils can act as seeds in the aggregation assay. The shape of the resulting kinetic profile however still shows a long lag phase, indicative of primary nucleation events, in all conditions resulting in ThT-detectable fibrils. The time frame of the corresponding lag phase is also considerably larger than the sample preparation time before the assays, suggesting that a potential seeding effect originating from the pre-existing fibrillar structures is rather small. Considering that all negative controls consistently do not show any ThT increase, it can be stated that  $\alpha$ Syn-LiPs containing anionic lipids induce primary nucleation.

Interestingly, ThT assays carried out using SUV preparations with comparable lipid composition show induction of primary nucleation at comparable lipid: $\alpha$ Syn (monomer) ratios (Galvagnion et al., 2015). However, SUVs did not induce detectable aggregation at the used NaCl concentration of 50 mM, even at higher  $\alpha$ Syn concentration (Galvagnion et al., 2015). This observation suggests that  $\alpha$ Syn-LiPs show similar properties as SUV and may be even more potent in inducing primary nucleation than SUVs. However, a more thorough mechanistic analysis beyond the scope of this work will be required to quantify the kinetic rate constants as well as the molecular determinants of  $\alpha$ Syn-LiPs-modulated  $\alpha$ Syn aggregation. While the contributions of potential nucleation events prior to the start of the assay may or may not complicate data analysis, our data demonstrate that  $\alpha$ Syn-LiPs provide an interesting tool in the investigation of lipid-induced  $\alpha$ Syn aggregation.

To obtain insights into the sample properties at the end points of the aggregation assays, we recorded AFM and EM images of selected samples. Our data show that extended fibrils with a morphology comparable to  $\alpha$ Syn fibrils obtained in regular GB-assays have been formed in the presence of  $\alpha$ Syn-LiPs (Fig. 4a–d). Note that the samples were



**Fig. 4.  $\alpha$ Syn-LiPs can induce primary nucleation.** a–d) ThT aggregation assays under quiescent conditions. Under these conditions neither aggregation of  $\alpha$ Syn in the absence of  $\alpha$ Syn-LiPs (a) nor of  $\alpha$ Syn-LiPs on their own (b) is observed. Each plot contains data of five replications of the indicated condition. c) Variation of  $\alpha$ Syn-LiP level in the presence of constant monomeric  $\alpha$ Syn starting concentrations. In addition to concentration of monomeric  $\alpha$ Syn, also the concentration of  $\alpha$ Syn in LiPs is provided for each plot. Numbers in parentheses refer to estimated excess of monomeric  $\alpha$ Syn over  $\alpha$ Syn-LiP particles (assuming an average composition of 8  $\alpha$ Syn per LiP (Eichmann et al., 2016)). In addition, the respective molar ratios of lipids to added monomeric  $\alpha$ Syn are given. d) All conditions as shown in (c) but using POPC  $\alpha$ Syn-LiPs (all 45 curves are shown in one plot).



**Fig. 5. Sample properties at the end of the aggregation assays.** AFM images of  $\alpha$ Syn fibrils grown in the presence of POPG  $\alpha$ Syn-LiPs, before centrifugation (a) and after removal of the supernatant (b). c + d) EM image of  $\alpha$ Syn fibrils grown in the presence of POPG  $\alpha$ Syn-LiPs before centrifugation (condition 64x in Fig. 4c). e) EM image of  $\alpha$ Syn fibrillar structures grown in the presence of POPG  $\alpha$ Syn-LiPs that did not lead to sizable ThT signal increase (condition 4x in Fig. 4c). f + g) AFM and EM image of POPG  $\alpha$ Syn-LiPs control samples at the end of the aggregation assays (without addition of excess of monomeric  $\alpha$ Syn, Fig. 4b). d) Native PAGE of monomeric  $\alpha$ Syn as well as  $\alpha$ Syn-LiPs in indicated conditions (washed refers to high-salt washed; frozen = non-washed, flash frozen and stored at  $-20^{\circ}\text{C}$ ; regular = non-washed, non-frozen; 1:80 = preparation with high salt and adapted molar ratio of  $\alpha$ Syn to lipids of 1:80). Note that amount of monomers added in aggregation assays is identical to amount loaded in the free  $\alpha$ Syn control (first lane).

obtained in conditions in which the  $\alpha$ Syn-LiPs induced fibril formation (Fig. 4c, 128x for AFM, 64x for EM).  $\alpha$ Syn fibrils grown in the presence of SUVs show a clearly distinct morphology when the plateau of ThT fluorescence is reached, since their growth is strongly affected due to the SUV lipids (Galvagnion et al., 2015). These SUV-induced fibrils appear to be kinetically trapped, as it was recently found that an increase in temperature is able to induce their conversion into mature fibrils (Brown et al., 2018). Interestingly, when directly imaging the sample containing  $\alpha$ Syn fibrils that were induced by  $\alpha$ Syn-LiPs after the aggregation assay, a number of particles consistent in size and overall appearance with  $\alpha$ Syn-LiPs are found (Fig. 5a). After centrifugation and removal of the supernatant the occurrence of these particles in the AFM image is largely reduced (Fig. 5b). While other contributions, such as drying-induced assemblies of monomeric  $\alpha$ Syn cannot be fully

excluded, this observation is in line with the presence of soluble  $\alpha$ Syn-LiPs after the aggregation assay. EM images also show disc-like particles attached to mature fibrils (Fig. 5c). This could either be residual fibril  $\alpha$ Syn-LiPs complexes as observed at the beginning of the aggregation assays (Fig. 3e,f) or again drying-induced clustering of mature fibrils and soluble  $\alpha$ Syn-LiPs or amorphous aggregates. In any case, most fibrils are free of disc-like particles and show characteristic features (branching and twists) of mature  $\alpha$ Syn amyloid fibrils (Fig. 5c,d).

Surprisingly, EM images of  $\alpha$ Syn monomers incubated with the highest amount of POPG  $\alpha$ Syn-LiPs (Fig. 4c, x) also show clear fibrillar structures (Fig. 5e), despite showing no increase in ThT signal (Fig. 4c, x). As compared to the EM data of the other conditions, this sample displays larger heterogeneity (areas with and areas without fibrillar structures, not shown). In addition, the EM image suggests that the

of the aggregation (Fig. 3). The samples (monomers) still show particles most likely reflecting intact  $\alpha$ Syn-LiPs (Fig. 5f,g) and low amounts of short fibrillar structures as already present at the beginning of the assay (Fig. 3).

To detect remaining monomeric  $\alpha$ Syn as well as intact  $\alpha$ Syn-LiPs, we additionally carried out a native PAGE analysis of selected samples after the aggregation assays. The resulting gel shows clear bands for the monomeric  $\alpha$ Syn reference as well as for freshly prepared  $\alpha$ Syn-LiPs (Fig. 5h). The latter appears between the molecular weight markers for 480–720 kDa. A comparable band is also observed for frozen  $\alpha$ Syn-LiPs. Notably, also weak bands at this position are observed after the aggregation assay, supporting the view that a fraction of  $\alpha$ Syn-LiPs are still intact at the end points of the aggregation assay. A rough estimation based on the band intensity and the loaded  $\alpha$ Syn-LiPs amount, however suggests that the fraction of intact  $\alpha$ Syn-LiPs is rather low ( $< 10\%$ ). Interestingly, the amount of monomeric  $\alpha$ Syn loaded onto the gel for the reference sample (first lane) reflects the amount added at the beginning of the respective aggregation assay. Since no or only very weak bands are observed for monomeric  $\alpha$ Syn after the aggregation assay, our data show that most monomeric  $\alpha$ Syn molecules have either been incorporated into  $\alpha$ Syn-LiPs and/or have formed larger aggregates. The rather weak bands for  $\alpha$ Syn-LiPs are in favor for the latter, suggesting that  $\alpha$ Syn aggregation was very effective in the presence of  $\alpha$ Syn-LiPs.

## 4. Conclusion

Overall, we have shown that  $\alpha$ Syn-LiPs can be used to induce, accelerate or inhibit  $\alpha$ Syn amyloid fibril formation. While our results are well consistent with a planar lipid bilayer stabilized by surrounding  $\alpha$ Syn molecules with an approx. 4-to-8-fold increased surface area as compared to MSP1D1 nanodiscs, it should be pointed out that we cannot exclude different molecular arrangements of  $\alpha$ Syn and lipids. In addition, we have shown that usage of anionic lipids in combination with low ionic strength of the sample buffer leads to  $\alpha$ Syn-LiPs formed with a higher number of  $\alpha$ Syn molecules per LiP. Since about half of the  $\alpha$ Syn proteins can be detached from these  $\alpha$ Syn-LiPs by increasing the ionic strength of the buffer while the other half remains attached to LiPs, we attribute this observation to the contribution of an electrostatically driven binding of  $\alpha$ Syn to the negatively charged membrane surface.

The presence of  $\alpha$ Syn-LiPs in the used aggregation assays evidently induces distinguishable modulations of the aggregation behavior. Our EM data show connections between short fibrillar structures and  $\alpha$ Syn-LiPs that could reflect on early lipid induced nucleation events. However, more thorough investigations will be needed to understand the formation and role of these fibril-LiP complexes and whether they play a role in the amyloid fibril formation process. While very consistently only the presence of  $\alpha$ Syn-LiPs with anionic lipids led to ThT detectable  $\alpha$ Syn fibrils in quiescence aggregation assays, we also observed limitations in well-to-well reproducibility. In general, reproducibility is a common problem in  $\alpha$ Syn aggregation assays and it is at this point not clear whether  $\alpha$ Syn-LiPs are prone to induce variations in the aggregation assays or whether assay conditions can be further optimized to increase reproducibility. Nevertheless, our data clearly demonstrate that  $\alpha$ Syn-LiPs display useful features including (i) a very strong capability to induce primary nucleation, (ii) the possibility to store frozen  $\alpha$ Syn-LiP stock solutions, simplifying handling and minimizing artifacts by batch-to-batch variations, and (iii) a not detectable influence on the morphology of fibrils that have formed and grown in

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## Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:<https://doi.org/10.1016/j.chemphyslip.2019.02.009>.

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#### Problems

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